DEVELOPING A SAFETY PLAN

4 COMPONENTS OF A SAFETY PLAN

SUPERVISION & MONITORING

- TEMPORARILY INCREASE SUPERVISION, ESPECIALLY WHEN WITH OTHER CHILDREN

RULES FOR EVERYONE

- EVERYONE IS INVOLVED IN MODELING SAFE BEHAVIOUR

COMMUNICATING WITH OTHER ADULTS

- FAMILIES OFTEN HAVE TO WORK CLOSELY WITH SUPPORT SYSTEMS (SUCH AS RELATIVES, FRIENDS, AND NEIGHBOURS) TO CREATE TEMPORARY OVERSIGHT

CHANGING THE SAFETY PLAN OVER TIME

- CHILDREN CAN LEARN QUICKLY SO THESE PLANS SHOULD BE REVIEWED OFTEN AS YOUR CHILD LEARNS AND INTERNALIZES NEW SKILLS

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