

Interest in Diapers Questionnaire (IDQ)

This questionnaire is to be used for further exploration of the meaning and function related to interest in diapers. It is not a substitute for a comprehensive trauma assessment.

Name: _____ Age: _____ Date: _____

1. How old were you when you became interested in diapers? _____

2. Who knows about your interest in diapers? (Circle all that apply):

Friend family partner nobody else: _____

3. Who is most concerned/worried about your interest in diapers? _____

4. How old were you when others became concerned about your interest in diapers? _____

5. When I wear a diaper I am reminded of... _____

6. When I wear a diaper, I think about... _____

7. When I wear a diaper, it makes me... _____

8. When I wear a diaper, I wish... _____

9. Do you like: (Circle all that apply):

Dirty diapers Clean diapers Stolen clean diapers Stolen used diapers Stolen
diapers from a store Stolen diapers from a child Stolen diapers from family

10. What feelings do you have when wearing a diaper? (Circle all that apply):

happy sad angry sexy safe calm
sleepy turned on afraid confused cool popular like I belong
like a baby taken care of other _____

11. How much are you concerned/worried about your interest in diapers?

0 _____ 5 _____ 10 _____
(Not at all) (A little bit) (A lot)

Check all that apply

- I like to wear a diaper because I enjoy the feel
- I like to wear a diaper because I enjoy the smell
- I like the way it feels when I defecate in a diaper (poop)
- I like the way it feels when I urinate in a diaper (pee)
- I have used a diaper to masturbate (touch my private parts)
- It is easier to urinate(pee)/defecate(poop) in a diaper than have to go to the bathroom
- I have stolen diapers from a person
- I have stolen diapers from a store
- I have taken used diapers from a garbage
- I enjoy pornography featuring a person wearing a diaper
- Wearing a diaper makes me feel happy
- Wearing a diaper makes me feel safe
- Wearing a diaper makes me feel comforted
- Wearing a diaper makes me feel relaxed
- Wearing a diaper makes me feel turned on/aroused
- Wearing a diaper makes me feel stressed
- Wearing a diaper makes me feel worried
- Wearing a diaper makes me feel sad
- Wearing a diaper makes me feel like when I was a baby
- Wearing a diaper reminds me of when I was a baby