

Interest in Diapers Questionnaire (IDQ)

This questionnaire is to be used for further exploration of the meaning and function related to interest in diapers. It is not a substitute for a comprehensive trauma assessment.

Name: _____ Age: _____ Date: _____

1. How old were you when you became interested in diapers? _____
2. Who knows about your interest in diapers? (Circle all that apply):
Friend family partner nobody other: _____
3. Who is most concerned/worried about your interest in diapers? _____
4. How old were you when others became concerned about your interest in diapers? _____
5. When I wear a diaper I am reminded of... _____
6. When I wear a diaper, I think about... _____
7. When I wear a diaper, it makes me... _____
8. When I wear a diaper, I wish... _____
9. Do you like: (Circle all that apply):
Dirty diapers Clean diapers Stolen clean diapers Stolen used diapers Stolen
diapers from a store Stolen diapers from a child Stolen diapers from family
10. What feelings do you have when wearing a diaper? (Circle all that apply):
happy sad angry sexy safe calm
sleepy turned on afraid confused cool popular like I belong
like a baby taken care of other _____
11. How much are you concerned/worried about your interest in diapers?
0 _____ 5 _____ 10
(Not at all) (A little bit) (A lot)

Check all that apply

- ☐ I like to wear a diaper because I enjoy the feel
- ☐ I like to wear a diaper because I enjoy the smell
- ☐ I like the way it feels when I defecate in a diaper (poop)
- ☐ I like the way it feels when I urinate in a diaper (pee)
- ☐ I have used a diaper to masturbate (touch my private parts)
- ☐ It is easier to urinate(pee)/defecate(poop) in a diaper than have to go to the bathroom
- ☐ I have stolen diapers from a person
- ☐ I have stolen diapers from a store
- ☐ I have taken used diapers from a garbage
- ☐ I enjoy pornography featuring a person wearing a diaper
- ☐ Wearing a diaper makes me feel happy
- ☐ Wearing a diaper makes me feel safe
- ☐ Wearing a diaper makes me feel comforted
- ☐ Wearing a diaper makes me feel relaxed
- ☐ Wearing a diaper makes me feel turned on/aroused
- ☐ Wearing a diaper makes me feel stressed
- ☐ Wearing a diaper makes me feel worried
- ☐ Wearing a diaper makes me feel sad
- ☐ Wearing a diaper makes me feel like when I was a baby
- ☐ Wearing a diaper reminds me of when I was a baby