

- Does everyone in the family feel like they can speak up and show little fear of the consequences for talking about the sexual abuse?
- Do caregivers take this seriously and support both children?
- Can the family show anguish, emotional distress, validation?
- Does everyone acknowledge that the rules were broken and had an impact on others?

VOICE

Empowerment, Bear Witness, Anguish

OPENNESS

Listen, Communicate, No Secrets

VORS

RESPONSIBILITY

Invitations, “Both And” Position, Accountability Axiom

SAFETY

Consistent, Predictable, Non-shaming, “New Normal”

- Are people in the family able to take responsibility for their behaviours and accept natural/logical consequences for their actions?
- Are parents and caregivers able to support and hold children accountable for their behaviours?
- Can everyone acknowledge mistakes or poor decisions, apologize and be honest with themselves about the poor decision or mistake?
- Are people able to focus on behaviours and not attack the person?

- Has a “no secrets” motto become part of family communication?
- Can children and caregivers express their thoughts and feelings with each other and cope with these?
- Is there consistent and fair caregiving – with structure, roles, boundaries, and conflict resolution skills practiced every day?

- Have family members accepted and respected the safety plans or new rules?
- Do caregivers have some guesses about what developed and maintained sexually abusive behaviour in the family and has this been addressed?
- Are caregivers able to identify and address unsafe situations?
- Do family members feel like they have the freedom or permission to say “stop” or “pause” or “I’m not ready” if a change to the safety plan is suggested?



