

ONLINE & MEDIA CONTENT SUPERVISION IDEAS

Interactive Guidance

Caregivers have a key role in controlling, teaching, and assisting in navigating a child's media access

Children need to be protected from sexually explicit media

Sexually explicit materials, such as what is found in some videos and movies, social media accounts, youtube, video games, websites, and television should not be available to the children in the home

Children need to be supervised closely while they are on the computer, smart phone, internet accessible devices, television

- Parental controls: Block all access to sexually explicit media videos, video games, websites, songs, or television programs
- Monitor all children closely while using electronic devices to ensure that inadvertent exposure is avoided
- No devices in bedrooms or alone
- Devices are used where adult eyes and ears are on.
- All devices charge at night under adult supervision
- Any social media apps are set to permit adult monitoring in the home or out of the home

If your children have been exposed to sexually explicit media:

- [Protect Kids Online](#)
- [Canadian Centre for Child Protection](#)
- [It's Time We Talked](#)
- [Thorn](#)
- [Need Help Now](#)
- [Digital Birds and Bees](#)
- [Media Smarts](#)